



**THE  
CAMOGIE  
ASSOCIATION**  
An Cumann Camógaíochta



# Camán get a grip

## FOUNDATION COACHING COURSE FOR **BEGINNERS**

Create fun environments

Gain practical experience

Develop communication and  
leadership skills

Coach/ educate/ inspire

**Saturdays 9:30am-5:30pm**

- Must be over 16 years of age.

Delivered by **Official**  
Camogie Coach Developers

For more  
information contact:

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